



Instruction Manual

## FRESHNESS & FLAVOR MATTERS

When you eat well, you feel better. We hope you'll be inspired to expand your culinary adventures with microgreens. Visit our online Community for delicious recipes, and growing tips.

## REFILLS & ACCESSORIES

Find something new today. Stock up on grow mat refills, check out the latest microgreen seeds, accessories, and more at our online store.

[www.littleboxfarm.com](http://www.littleboxfarm.com)

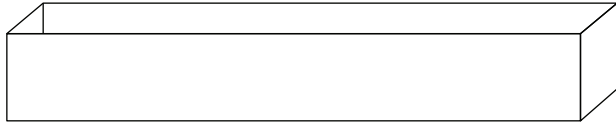
[LITTLEBOXFARM.COM](http://LITTLEBOXFARM.COM)

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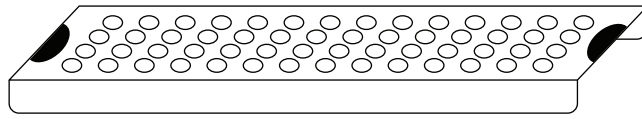
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## BOXFARM SYSTEM INCLUDES

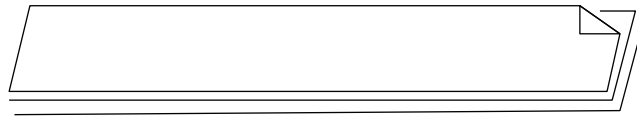
### 1 Grow box



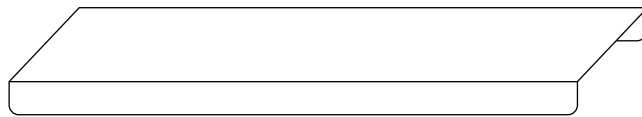
### 2 Grow rack



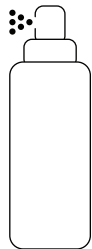
### 3 Grow mat (5 sheets)



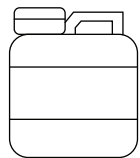
### 4 Humidity cover



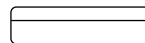
### 5 Mister bottle



### 6 Plant food



### 7 Seeds (2)

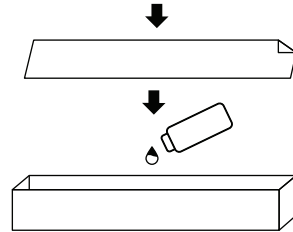


## MICROGREENS STEP BY STEP

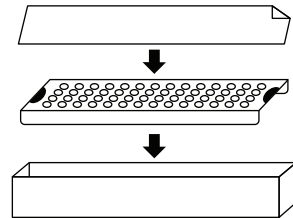


**Preparation:** Mix 1 teaspoon of plant food with 1 gallon of drinking water. Fill mister bottle with nutrient-enriched solution mix.

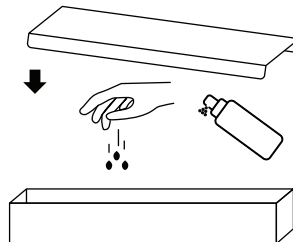
*Tip: Store unused solution for next grow cycle. Before and after use, clean boxfarm with water and soap only.*



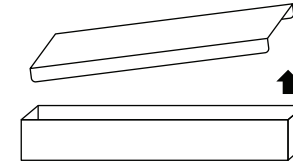
**Day 1:** Pour 8 ounces (1 mister bottle) of solution mix into grow box. Place 1 sheet of grow mat inside and allow mat to absorb solution.



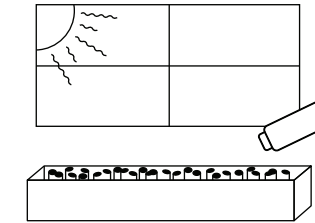
Stack moistened mat on top of grow rack and place both items back inside box.



Spread seeds evenly across moistened mat (see seed package for measurement). Mist top of seeds lightly back and forth. Place cover over box and store in dark location for 5 days.

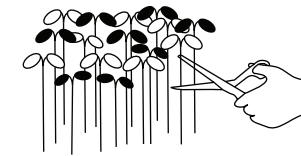


**Day 3:** Open cover to aerate for 10 seconds. If mat feels dry to the touch, then lightly mist top of seedlings. Re-cover box and store.



**Day 5:** Open cover and pour 24 ounces of solution into side of box. Place uncovered box near ambient to indirect, bright light location for next 4 days. Rotate box daily for even growth (optional).

**Keep indoor only**



**Day 9:** Ready to harvest! Place both index fingers into side of box. Anchor onto side notches and lift entire rack out. Cut microgreens 1/2 inch above the roots. Dispose of mat. Unused greens can be stored in air tight container and will maintain freshness for up to 7 days.